



SCHLOSSHOTEL FISS

MOMENTS

SHF FAMILY FLAIR

10 reasons why kids and teens love this place.

JINGLE BELLS

Sleigh ride or ski adventure – what is it that makes your SHF Advent season so special?

THE PERFECT GLASS

Sommelier Peter Jobst sharing his story.

SKI-IN AND SKI-OUT

Relaxing, dining, and living on the slopes.

30 YEARS' SCHLOSSHOTEL FISS

Realising the extraordinary, day by day.

HARMONY FROM THE HEART

Yoga and new SHF spa treatments to enhance your experience.

MAGAZINE 2021



SCHLOSSHOTEL
FISS



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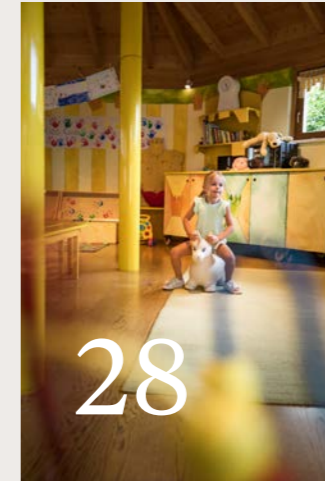
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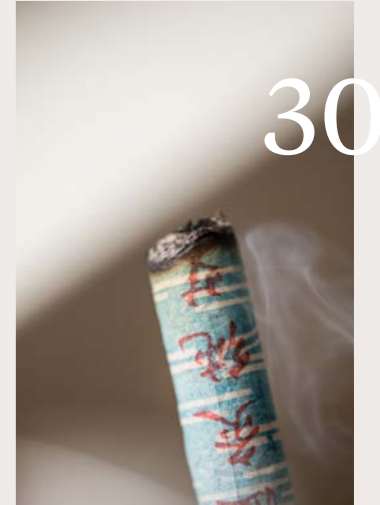
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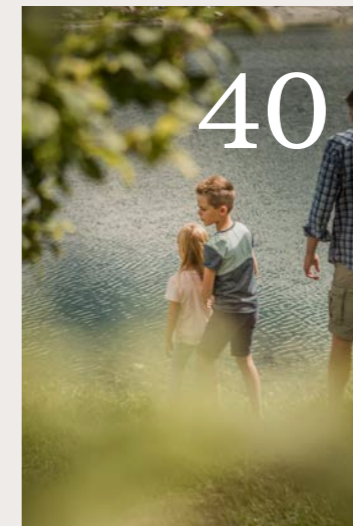
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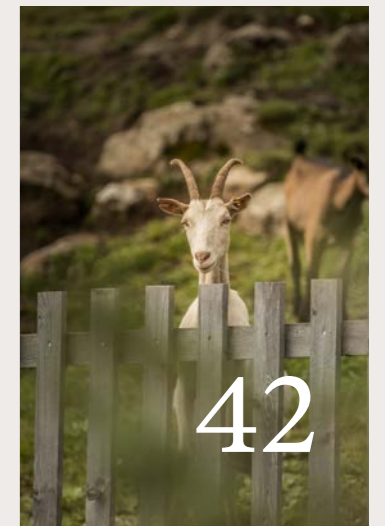
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30 summers | 30 winters

Above all else, there is gratitude

When you have the privilege to realise your dream and find people who create, carry out, and contribute to this vision with you, something extraordinary can emerge. Something that feels alive. Something that sparks growth. Something that genuinely inspires from within.



Over 30 summers and 30 winters ago, a gathering place emerged high above the Fiss village that continues to attract those who look forward while simultaneously valuing continuity and welcoming individuality.

We are proud to celebrate 30 years of Schlosshotel Fiss with you this year.

We are immensely proud to welcome you, or welcome you back, and have you share in our story, our joy, and our vision. And for this, we would like to THANK YOU.

Thank you for walking this path with us.
Yours, the Domenig family and SHF crew

A heartfelt journey does not have a destination. Let us embark on it with love and, every day, walk it with hearts full of joy and with the people by our side that we can only meet along this way.

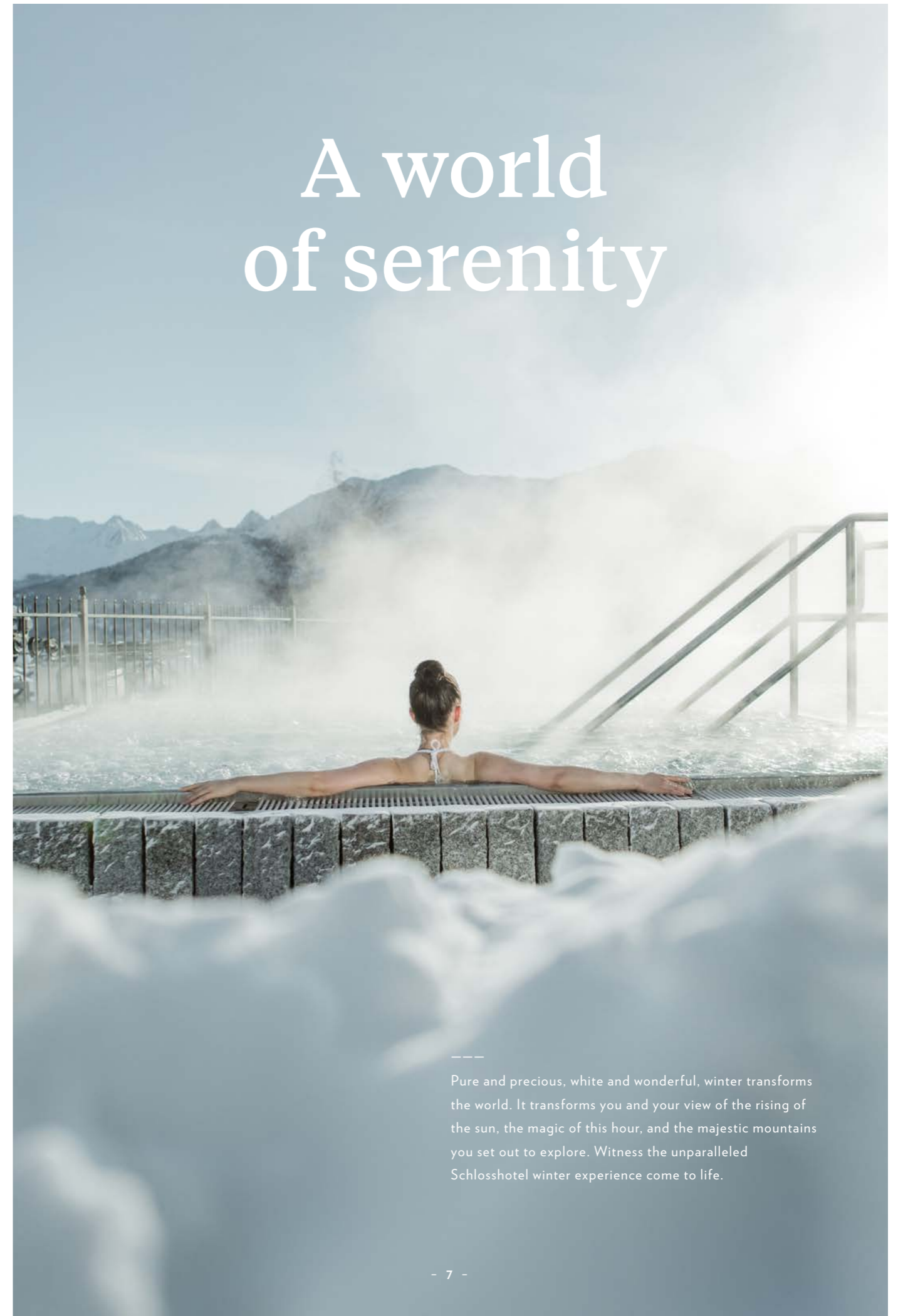
SIMONE DOMENIG



**SPECTACULAR
SLOPES**

Beneath the bright blue sky, freedom is waiting for you. It's waiting for you to seize it. Turn by turn. Run by run. Experience the essence of winter. Soak up the romance of the snowy days.

A world of serenity



Pure and precious, white and wonderful, winter transforms the world. It transforms you and your view of the rising of the sun, the magic of this hour, and the majestic mountains you set out to explore. Witness the unparalleled Schlosshotel winter experience come to life.



Laughing all the way



*Dashing through the snow
In a one-horse open sleigh
Over the fields we go
Laughing all the way*



When Clemens Salner puts on his hat in the early morning, harnesses the horses, and makes his way to Schlosshotel Fiss accompanied by the gentle ringing of bells, the Advent season is here. Along with it is the magic that makes a sleigh ride so romantic. Let's take a ride.

*Bells on bobtails ring
Making spirits bright
What fun it is to ride and sing
A sleighing song tonight*

Bundle up for a winter adventure with the whole family. With our handpicked recommendations your winter outing, whether on the runners of a sleigh or pushing the wheels of a stroller, is guaranteed to be a success. Discover vast open winterscapes and thick, snowy forests as well as unique stopovers.



#1

WOLFSEE
APPROX. 1 HOUR OF WALKING,
WITHOUT LIFT RIDE

Savour a quiet walk along the gently winding path to Lake Wolfsee with your toddler peacefully napping in the stroller. Wander through the village up to the Fiss Kulturhaus. Beyond this point, a vast winterscape unfurls in front of you. A well-maintained path leads up to Lake Wolfsee and its inviting benches, perfectly placed so you can soak up the sun and panorama.

#veryinstagrammable

#2

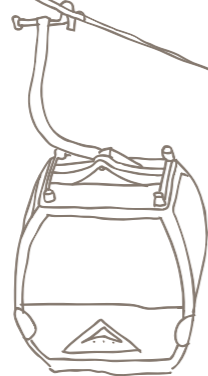


LADIS
APPROX. 1.5 HOURS OF WALKING,
JOURNEY BACK ON THE
SONNENBAHN

Follow route #1 up to Lake Wolfsee and continue left past the lake toward mascot Berta's Indian village. The winter hiking trail leads across pristine slopes and along the Ladis descent to Ladis village, where you can hop on the Sonnenbahn gondola. The scenic views from the gondola carry you up to Bertas Kinderland and Restaurant Sonnenburg or directly to Fiss village to make this journey complete.



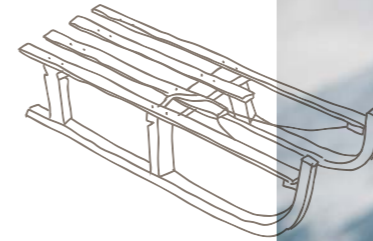
#3



FROMMES ALP
APPROX. 2.5 HOURS OF WALKING,
MOUNTAIN ASCENT ON THE
SCHÖNJOCHBAHN

If you are a mountain lover always aiming higher, you will want to take the Schönjochbahn gondola to the middle station – even with a toddler in a stroller. Turn onto the trail below the station and follow the path left up into the woods. (Do not take a right down to Kuhalm.) In the woods, the path continues straight on displaying fascinating winter scenery to the animal theme path and Frommes Alp. After 1.5 hours of walking, you will surely want to replenish your energy with the delicious food served here. Then take route 6 to Rabuschl and continue on route 4 to Bertas Kinderland in Fiss. Complete your trip on the Sonnenbahn gondola to the Schönjochbahn bottom station or walk the rest of the way.

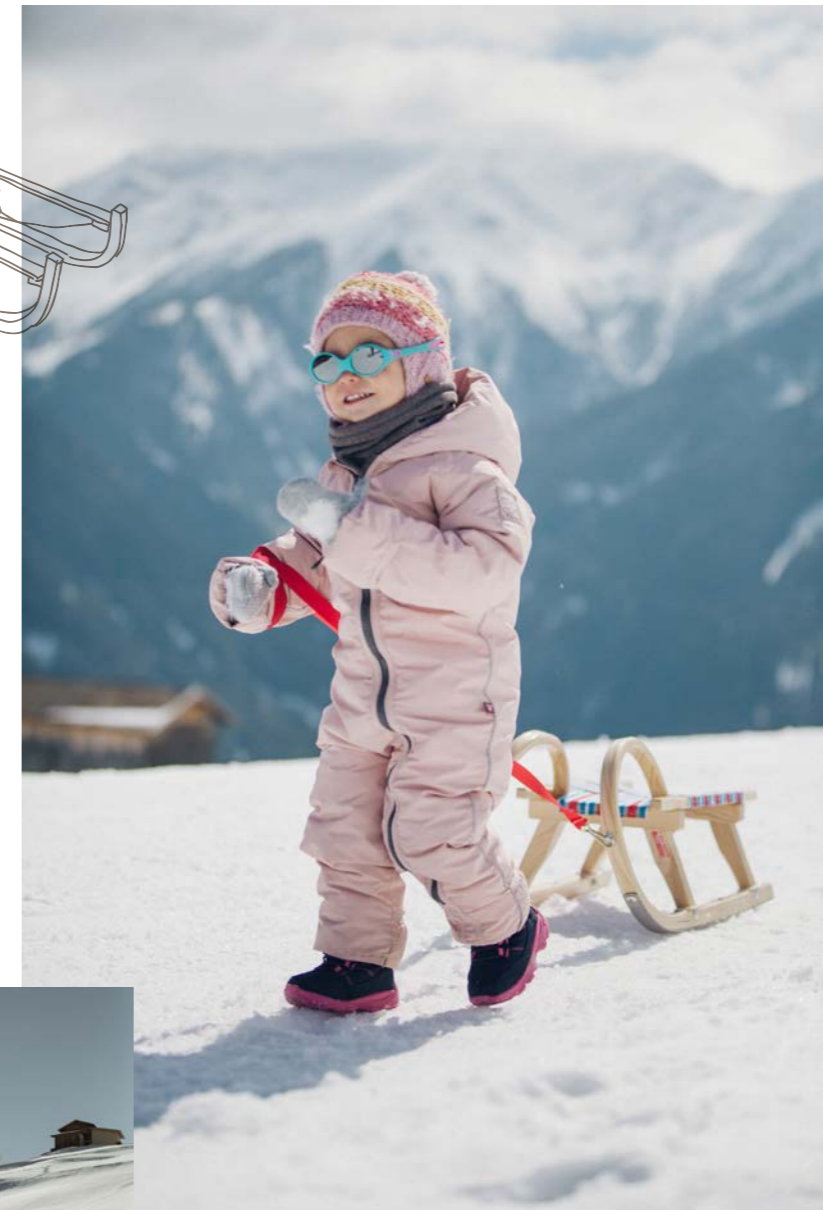
#happytimes



**SHF STROLLER
RENTAL**

We provide strollers to rent free of charge for your family outing into the mountains.*

*Subject to availability.



Your toddler.
Your stroller. And you.

**HELPING
HANDS**

All stations provide separate entries for families with a stroller to reduce waiting times. The employees at the local mountain lifts will be happy to help your little ones get into the gondola. They'll be ready to lend a helping hand with your stroller, slowing down the lift if necessary and marking your gondola so that assistance will also be offered at the top.

Winter and water

REVIVE AT AQUA MONTE

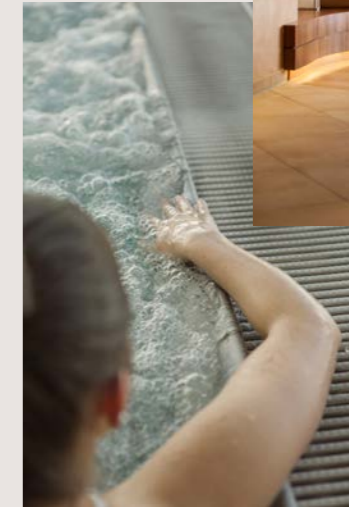
The hotel's waterscape includes an extensive panorama pool that is 250 square metres wide and 37 metres long, with both indoor and outdoor pools and whirlpool loungers as well as a light grotto, outdoor saltwater whirlpool, relax gallery with panorama whirlpool, and various lounges.

Just take the plunge.

Warmth and ease. Peace and time to relax. When the snow is quietly falling outside and you'd rather watch the snowy slopes from afar, we invite you to find the warmth of winter in the soothing waters of our outdoor whirlpool.

RECHARGE IN THE 1,000 SQM SCHLOSS SPA

The nude spa is for relaxation-seekers 15 years of age and older. It boasts a 50-square-metre panorama sauna with a plunge pool and several sauna infusions daily, a saltwater and an aroma steam bath with different body scrubs each day, an extra-large whirlpool, direct access to the garden with Kneipp facilities and a pavilion, several relaxation rooms, and a silent lounge.



REST IN THE FAMILY SPA

The textile zone for families with kids invites you to discover a bio-sauna, family steam bath, Finnish sauna, fragrance emulsion station, supervised sauna infusions, and body scrubs suitable for toddlers and teens.

AMUSE AT SPLASH

The indoor pool area for kids and teens guarantees fun and amusement with its 48-metre-long tube slide, wave slide, bubbly features, rocking bay, waterfall, and separate paddling pool for the youngest ones.





Simon Ressel, you've been an integral part of the SHF crew since 2007, and you've gotten to know every nook and cranny of Schlosshotel Fiss.

What distinguishes this hotel from others?

I don't know about other hotels' priorities, but I do know that Schlosshotel Fiss places great emphasis on the value of each team member. Open and honest communication encourages us to discuss wishes and difficulties directly with management, where our concerns are heard and responded to. The management appreciates our individual opinions and experiences and lets each one in the SHF crew know that they matter.

A strong crew is especially important during the cold days. What special tasks does the SHF building services team face in winter?

In the case of snowfall, clearing access roads, walking paths, parking facilities, as well as balconies and terraces from snow is a top priority. We ensure that every surface is free of snow and ice. We also remove excessive snow from the rooftops. Furthermore, we service all heating systems and we provide a range of winter-specific services to guarantee a fuss-free arrival and departure for our guests. In addition to our usual valet and luggage services, we whisk our guests' ski equipment away for storage in our in-house sports shop. Taxi services are also our responsibility.



What tasks do you fulfil year-round?

In the low season we carry out extensive maintenance on our technical facilities, check rooms and facilities for damage, deep clean the underground garage, wooden floors, and carpets, and do extensive paint-work. During full operation, we consistently monitor the hotel's technical facilities, react to any technical problems that may occur, manage waste disposal, and ensure optimal water quality in our pools. We also tend to any technical work required in the SHF Home or SHF Crew Homes.

How would you describe the SHF building services crew? What types of personality match your team?

Each team member is highly skilled, extremely flexible, and confident working independently. They have each demonstrated a pronounced ability to work under pressure, and they know how to set priorities while never losing sight of what is most important: the wellbeing of our guests.

What do you love most about your job?

The work we do is varied and extremely rewarding. Every day brings new challenges, which means that no work day is like the other. Hence we have to remain flexible. We have to be strategically smart so we can immediately respond to disturbances and still perform day-to-day tasks. Good planning is essential to stay on top of things. However, none of this would be possible without the commitment and reliability displayed by my crew.

Cold days



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strong crew



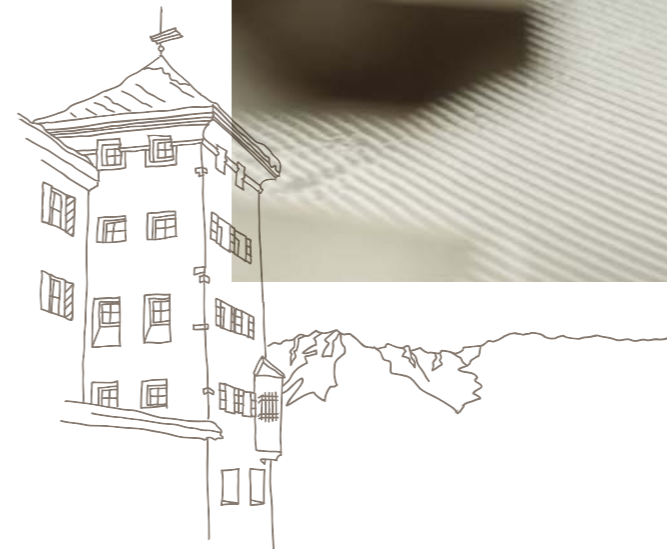
... and enjoy a delicious slow food stopover.



Ski-in and ski-out



What are the three things that signify the ultimate destination for the ultimate ski vacation? Location. Location. And location.



What better way to spoil yourself and loved ones than with a relaxing ski-in and ski-out holiday on the slopes. Even more so with our in-house sports shop, which not only features personal lockers for your ski equipment but also provides a lift that takes you to the piste in no time. All of this is rounded off by the opportunity to refuel at the hotel, be it lunch or dinner. From 1 pm onward you can indulge in our famous SHF afternoon buffet. Or, how about a soothing cup of tea on our sunny terrace or an extended lunch with all the family? The hotel's slow food cuisine has plenty of mouth-watering treats for you to discover between piste and spa. Oh what luxury: the Schloss-hotel winter experience in an unrivalled location in Serfaus-Fiss-Ladis.

Manuela Hengstmann, you've been the head of housekeeping at Schlosshotel Fiss since November 2015. Supported by your crew you ensure that the highest standards of cleanliness are met throughout the hotel.

How do you ensure the excellent quality of housekeeping in a hotel of this calibre?

A dedicated team, continuous training, and effective communication with other departments along with clever time management are paramount. The hotel's level of coordination and organisation is exemplary and supports us in achieving the high standards of housekeeping our guests would expect from us. The management is open to our wishes and supports our work by providing state-of-the-art equipment and excellent working conditions.

Protecting our precious environment is central to the SHF housekeeping philosophy. What measures do you take?

We exclusively use the eco-friendly cleaning products by the local brand hollueco. In order not to waste detergent or water, we employ special dosage systems.

How do you cater for special needs with regard to sleeping and living, such as may arise from allergies or individual preferences?

Our feather-filled pillows and mattresses have a special, washable cover that protects them against mites, dust, and other allergens. We regularly deep clean the mattresses and use water vacuum cleaners to bind dust in the water, ensuring clean and fresh air in each room. That's especially important for guests with allergies. We also offer a selection of anti-allergy pillows and bedspreads for guests to accommodate individual sleep requirements.

What do you value in your SHF housekeeping crew?

I'm honoured to have such a wonderful team who support me in everything I do and who are readily available to assist whenever needed. We are a tight-knit team and, as such, work together instead of against each other. No matter the task, the motivation is high.



What brings you most joy in your work?

It's our guests' excitement and when they leave satisfied, and receiving positive feedback. My job fulfils me completely and I feel like I am exactly where I should be here at Schlosshotel Fiss. This is the place where I've grown the most. I have received plenty of opportunities to educate myself in areas that interest me. The management has supported me throughout my career.

How do you enjoy living in your new apartment in the SHF Home?

I absolutely love it! I moved into a beautifully designed, spacious apartment with a garden and terrace with my partner in December 2019. The SHF Home provides excellent living next to my workplace. Everything is provided for. Ms Domenig's commitment to the SHF crew is truly astonishing and deserves the highest of respect and a heartfelt thank-you.

My home is my castle



Since June 2018 you've provided an enhancement to the Schlosshotel experience that our guests can smell, taste, and feel. What is it that can ultimately make wine such an overarching experience?

I would say it's the sum of ambience, professional recommendation, personal service, and perfect pairing. For our Beef Club, we handpicked a small selection from our comprehensive wine list that complements the rich meat creations served here. However, I personally think that wine is an experience only when presented by a person for whom wine is both a passion and a lifestyle.

Wine is a science, an art, and a love. What ignited your passion for wine?

During my first winter season in 2011, I worked for a hotel where wine was an important focus. It was at this time that I discovered the many facets and flavours of wine and learnt a lot about guests' individual preferences.

Which wines are your personal favourites?

I enjoy any type of wine, but the classic Bordeaux wines and German Riesling wines have a special place in my heart.

Where did you enjoy your most memorable glass of wine?

It was on the terrace of the Hostellerie de Plaisance during my first wine trip to Saint-Émilion in Bordeaux. On this November evening with over 20 degrees at sunset we opened a bottle of champagne. We sat back and savoured every sip of it looking forward to the days ahead of us. Everything about this moment was achingly perfect.

Are there any wine to-dos you would recommend for at home?

Absolutely! It's essential to serve wine at the correct temperature, otherwise the aroma is ruined. The perfect temperature for white wines is between 9 and 12 degrees Celsius. Red wines are best served between 14 to 18 degrees. Decant mature red wines in good light so that you can carefully remove any sediment. If possible, I also recommend using a slightly larger glass for full-bodied wines and serve classic white wines in a smaller glass.

Where and with whom do you like to celebrate the most?

At home with family and friends. I also call my colleagues in the SHF crew my friends, and I can't imagine a better way to round out the day than by getting together to discuss the events of the day with a glass of fine wine after work.

If you hadn't chosen to become a sommelier, what would you be doing?

I don't have an answer to this. In over ten years this question hasn't come up even once.

What fascinates you about Schlosshotel Fiss the most?

For me, it's the challenge of managing the wine cellar in a hotel this luxurious, and seizing the many opportunities to grow as a sommelier. My work is inspired by the individuality of each of our guests and the equally varied treasures on our extensive wine list. I'm also driven by the desire to curate well-kept secrets into our collection and promote exceptional wineries.

What do you love about the region?

I love the beautiful weather and the location in general. We're located at the heart of the ski region, and yet the city of Innsbruck is only an hours' drive away.

What's your wish for the future of your career?

I hope for plenty more wine.



10 questions

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for Sommelier
Peter Jobst

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Hannes Fankhauser represents integrity, attention to detail, and excellence. These are the values that the Innsbruck native seeks to preserve in his work as maître d'hôtel.



Mr Fankhauser, the SHF quality of service is unrivalled. What makes it stand out?

It's the exceptional quality of food and utensils we use to prepare and serve each dish to our esteemed guests. We strive to divine our guests' wishes before they have a chance to utter them. Even at breakfast we ensure that not a detail is missed, so that no guest will ever have to ask for something twice. We aim for excellence in every service we deliver, and we give our best to fulfil the highest expectations of Tyrolean hospitality daily.

What qualifies you for your position?

I have extensive practical experience in all areas of service. I know which details make a difference and I am aware of the aspects that require special attention. However, we can maintain and add to the hotel's extraordinary level of service only by pulling together – and by approaching our profession with both integrity and enthusiasm.

How do the details contribute to the whole?

Every detail from the decanting of the wines, for which we use elegant decanters, to the lighting in our restaurants matters. We bring together all the qualities of impeccable service, and we continuously invest into our offerings to enhance our guests' exclusive experience.

The SHF Culinary Autumn is one of your personal annual highlights. Why?

Working with international wine-makers and distilleries as well as discovering new wines, vintages, and spirits is enthralling. The experience is second to none for both the guests and employees.

In 2021, Schlosshotel celebrates its 30-year anniversary. What's your vision for the SHF crew?

The young, dynamic SHF team comes from afar, bringing remarkable talent and world-class expertise to Fiss. On the sunny plateau of the village, we come together to combine our shared vision and philosophy of Tyrolean hospitality and the highest international standards.

From afar

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IN CLOSE CONTACT
WITH NATURE

— — —

An emphasis on farm-to-table cooking defines the hotel's slow food kitchen. Delight in quality dairy products from the Gasslbauer in Ladis, handmade jams by the Maass family, select cheeses made of milk from grass-fed cows, sheep's milk products from the Nuart vulgo Hafner farm, and many more local delicacies such as eggs from the Mair farm in Faggen. Located ten kilometres from the hotel, the Mair farm is home to cows, horses, and chickens. Their chickens, kept in small groups, happily roam free and lay the best quality eggs, which we cook to perfection and serve fresh to your plate.



Master craftsman with heart and soul

— — —

A visit to the Gasslbauer in Ladis

— — —

"We only sell what we personally approve of," emphasises Hans Pittl. Each product reflects the family's experience and expertise. They promote animal welfare, environmental protection, and personal commitment not for marketing purposes, but as an authentic way of life. As is local custom, the Tyrolean grey cattle spend the summer grazing on mountain pastures and are herded home, decked out in lush headbands and garlands, just before winter arrives. Every cow has a name, their place in the stable, and is personally cared for by their owner.

— — —

Sustainability is a joint effort. Its success depends on individuals willing to actively commit to and combine their love for animals, nature, and good food in a meaningful way – and a way that enables us to preserve the unique Schlosshotel experience. For our slow food cuisine, we have established a global network with the most trustworthy suppliers in the gourmet food industry and forage the choicest ingredients from our region. Discover finest local produce from the Gasslbauer run by the Pittl family in Ladis.

— — —

The locally sourced ingredients are processed with the greatest of care and according to regional tradition. In his farm shop, the Gasslbauer offers fresh milk, plain or fruit yoghurt, smoked bacon, Tyrolean beef and pork sausage, mature Alpine cheese, and free-range eggs in small amounts. At Schlosshotel Fiss, we serve milk, plain yoghurt, and various fruit yoghurts as culinary treasures, reflecting our love for traditional farming in close contact with Alpine nature and committed to a future we want to preserve.



#2

Melt the butter in a pan and sauté the shallots until translucent. Add in the spinach and season with salt, pepper, and nutmeg.



Eggs Benedict

#3

Fill a pan with water, add a pinch of salt and a dash of vinegar, then bring to a simmer. In the meantime, crack the egg into a small bowl or saucer and add another drop of vinegar. Use a whisk to stir the water and gently create a whirlpool. Carefully tip the egg into the centre of the whirlpool and cook for approximately 5 minutes. Lift the egg out using a slotted spoon and set aside until ready to use.

#4

Bring a pan of water to a boil and place a bowl on top without having it touch the water. Combine the egg yolks and white wine in the bowl and beat until frothy. Then, remove from the steam and fold in the clarified butter. Add in the lemon juice and season with salt, chilli powder, and tarragon to taste.

#1

METHOD

For the brioche buns, mix the yeast and sugar in the milk to dissolve. Stir 300 grams of flour into the milk and let sit in a warm place for 20 minutes. Add the rest of the flour as well as the salt and sunflower oil and knead with your hands. Knead for another 20 minutes in a mixer with a dough hook, then take the dough out and place it onto a floured surface. Roll and cut out using a round cutter. Allow the dough pieces to rise while melting some butter in a pan. Carefully brown each piece in the butter and transfer to the oven, baking them at 160 degrees Celsius for approximately 10 minutes.

INGREDIENTS

Brioche bun

300 g whole milk
42 g fresh yeast
15 g sugar
450 g wheat flour
5 g salt
30 ml sunflower oil

Sautéed spinach

Butter
500 g fresh leaf spinach
1 shallot, chopped
Salt and pepper
Nutmeg

Poached egg

1 egg
Vinegar
Salt

Béarnaise sauce

2 egg yolks
30 ml white wine
200 g clarified butter
Lemon juice
Salt
Dried chilli powder
Tarragon

INGREDIENTS

6 eggs
1 tsp salt
40 ml cream
1 pinch nutmeg
20 g butter
1 bunch parsley, chopped

... and some smoked salmon, caviar, and garden cress for garnish



METHOD

Crack the eggs into a big bowl and season with a heaped teaspoon of salt. Add the cream and, optionally, a pinch of nutmeg. Then, mix well using a whisk.

Next, grease a large pan with half of the butter, pour in the egg mixture, and let cook until it sets. Once the eggs are halfway cooked, sprinkle the top with parsley and fold the omelette over. Add the rest of the butter to the pan and cook the omelette until golden. Quickly roll the omelette and garnish with salmon, caviar, and cress.

Regional goodness
that delights the palate

Omelette

Family



Flair



#family

10 reasons why kids and teens love us

#1

**#1
SPLASH**

The best adventures are those you can plunge into. Splash is the name of our soundproofed children's area, adjacent to the Aqua Monte waterscape. Equipped with a 48-metre-long tube slide, a wave slide, and more fun features, Splash guarantees exhilarating entertainment.

#2

**#2
KIDS' CLUB**

Attentive and highly qualified, our kids' club staff entertain guests from the age of three years. We play fun games, do arts and crafts, laugh, bake, solve riddles, chat, and day-dream. In winter, our kids' club is open from 8.30 am to 9.30 pm.

#3

**#3
YOUTH CLUB**

Bouldering, billiards, air hockey, table football, and video games deliver entertainment for days on end. Make new friends as you engage in interactive games or take to the dance floor. The SHF youth club is where the cool teens meet.

#4

**#4
FAMILY SPA**

Come in and chill out. The Family Spa provides relaxation for children up to the age of 15 years old. The textile spa has fragrant chocolate, strawberry, and pine cream scrubs and invigorating honey, pine, and rose infusions waiting in our child-friendly sauna.

#5

**#5
KIDS' BUFFET**

Looking for culinary adventures and a fun foodie experience for your little ones? The kids' buffet for dinner has many mouth-watering treats for tiny taste buds, as does the slow-food inspired lunch menu served at the kids' club.

#6

**#6
CINEMA FOR KIDS AND TEENS**

Kids can look forward to a new movie highlight or classic children's film every day. Who doesn't fancy a chill movie night in our in-house cinema?

#7

**#7
ADVENTURE AND ACTION**

Eight fun parks, three inflatable air bags, and over 100 obstacles transform Serfaus-Fiss-Ladis into a winter paradise for adventure-seeking youngsters. Or, get the adrenaline flowing with the Skyswing or Fisser Flieger experiences, allowing you to fly across the slopes.

#8

**#8
WARM WELCOME AND SUPERIOR COMFORT**

A family-run business, Schloss-hotel Fiss offers superior comfort in a prime location at the heart of Serfaus-Fiss-Ladis – one of the most award-winning destinations for family holidays in the Alps. Families value the hotel's thought-out room layouts and wealth of family services. Everything from baby monitors and babysitting to strollers can be arranged upon request. We can't wait to welcome you for the ultimate luxury family break.

#9

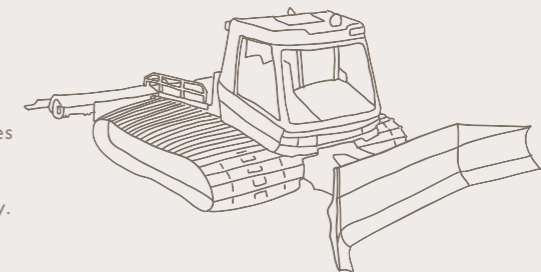
**#9
CHILDREN'S PARADISE**

Spanning over 80,000 square metres, Bertas Kinderland is one of the largest of its kind in the Alps. Excellent instruction is offered so that kids can discover the joy of skiing with ease.

#10

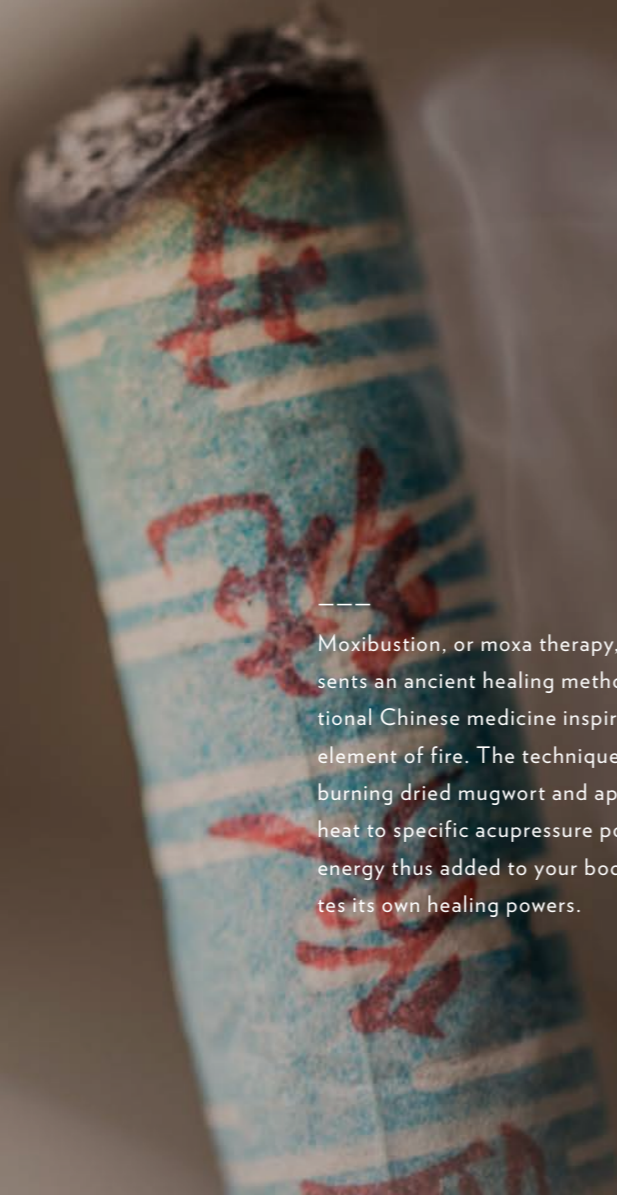
**#10
SNOWCAT RIDE**

When the night closes in on Fiss, the snowcats rev up their engines and illuminate the slopes, delivering a spectacle. Experience the fascination of these 510 horsepower machines from up close and book a ride with your kids – bookable daily.



Anton Waldner, you've added cupping and moxa therapy to the SHF spa menu. What are the benefits of these exotic treatments? How do they enhance the guests' experience?

Cupping is a form of detoxifying massage, employing suction and negative pressure to free your body from toxins and release myofascial adhesions. Cupping of defined reflex zones corresponding to individual inner organs allows for targeted stimulation of such. Cupping may also be used for lymphatic drainage, improving blood circulation and the body's detoxification.



Moxibustion, or moxa therapy, represents an ancient healing method of traditional Chinese medicine inspired by the element of fire. The technique involves burning dried mugwort and applying the heat to specific acupressure points. The energy thus added to your body stimulates its own healing powers.

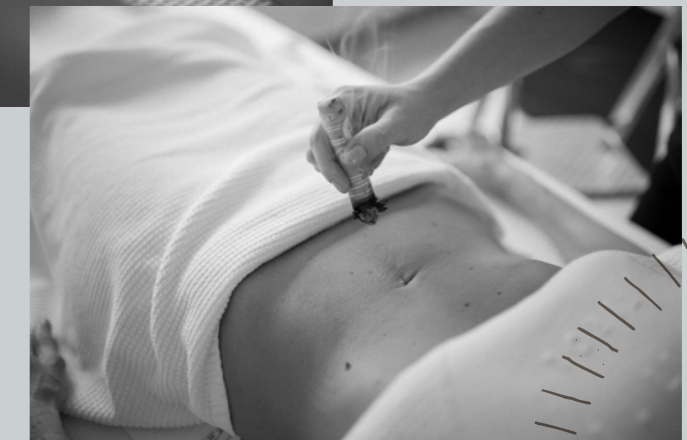
In focus

HOW DID YOU DISCOVER THESE SPECIAL TREATMENTS?

I came across cupping during my training in traditional European medicine. My enthusiasm was immediately sparked, so I spent the last two years practising the ancient art of cupping. I learnt about moxa therapy when I suffered from back pain and received prescribed moxa sessions. The results convinced me to learn more about this technique and acquire qualification so that I can share its healing benefits with the guests at Schlosshotel Fiss.



Special treatments
at the SHF spa



Contact the SHF spa reception for more information.

#yogamind

Inner harmony is a matter of the heart. Yoga is a life philosophy. At Schlosshotel Fiss, it's a weekly event.

Stefanie Olavide, you joined Schlosshotel Fiss as a yoga and fitness instructor in December of 2019. What does yoga mean to you?

Yoga is my source of inspiration, allowing me to draw new energy every day. It's so much more than physical exercise. Yoga means to practise mindfulness, not just on the mat, but also in our day-to-day lives, allowing us to reconnect with ourselves and our environment.

What do you want the SHF guests to take away from your classes?

With my yoga and fitness classes I seek to inspire the guests' joy in moving their bodies. I want to see them smile, leaving relaxed and light as a feather while ready to take on the day's challenges.

What's your favourite time to practise?

I don't have a favourite time. Whether early in the morning or late at night, I structure my yoga practice around my daily tasks and adapt them to what I need that day.

Which asana or form of meditation are your favourites?

My favourite exercises vary, depending on what my practice is currently focused on. However, I first fell in love with underarm stands and pigeon pose. Heart-opening backbends have a special place in my heart.

What fascinates you about Schlosshotel Fiss?

As a member of the SHF crew I feel understood and heard.



#bodyspirit

#positivevibes

Inner harmony is a matter

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of the heart

When the darkening blue skies greet the night and shiny stars twinkle in the sky above Fiss, you can embark on an unforgettable evening. Experience tingling excitement and sparkling magic, vibrant music and delightful food, and celebrate the joy of being alive.

The SHF bar hosts an eclectic variety of live acts. Jewellers display their most exclusive collections, winemakers showcase their most treasured bottles, affineurs present their most gorgeous cheeses, and you are invited to explore and discover your favourite pieces.

Let's make a toast to the good times, with inspiring conversations and fine wine. Unwind, indulge, and discover the secrets that only the night can reveal.

SHF BY NIGHT

- Slow food dinner at the hotel restaurant or a visit to the award-winning Beef Club
- Wine tastings
- Cheese tastings
- Jewellery exhibitions
- Live music in the bar three times a week
- Special bar events with SHF barkeeper Sam Lutz such as whiskey or rum tastings

Seize
the night



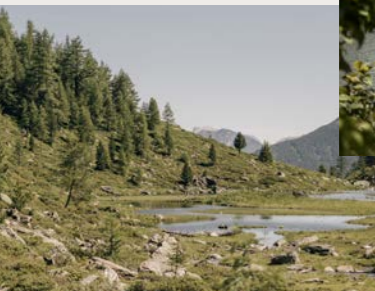
SUMMER

Summer and scenery



... combine to create the perfect ambience for your soul to calm down, inspired by the majestic mountains and days of bountiful sunshine.

Just like all else in this marvellous, multi-award winning holiday destination, every body of water has its very own charm. Peacefully silent, the Urgsee can only be reached on foot or by bike. A vibrant and lovely meeting place, the Wolfsee is popular with both locals and visitors. Or, tucked away high up in the mountains, the Högsee provides plenty of adventures. These are the summer's best attractions, all to be discovered during your getaway to Schlosshotel Fiss.



#1

QUIET REWARD

For those planning to discover Lake Urgsee, we recommend getting up early. Begin your journey to the Schöngampalm on the Fisser Joch – and don't forget to bring strong boots, a well-packed backpack, and surefootedness. Ahead of you lie four hours of walking across scree and steep mountain paths past the lakes of the Spinnseen. Make your way further into the unspoilt Urgtal and discover its picturesque Urgsee, perfect to take a moment to rest and savour this fascinating flora and fauna. The Schöngampalm equips you with a rental bike for a swift descent back to Fiss once you are ready.

#2

A FAMILY FAVOURITE

When the early bird prefers to stay nestled in bed or you want to spend the morning with some pampering at the SHF spa or the Aqua Monte and Splash waterscapes, this is the best option to still go exploring in the afternoon: Lake Wolfsee is only a short walk or bike ride away from the hotel. But be quiet along the way: the cubs in the wolf's den may still be sleeping, or maybe there's a bear hiding away in the cave beneath the waterfall. The nature-inspired playground invites kids on a journey of discovery while the lakeside lends itself perfectly to soak up the scenery. With only half an hour walking distance from the hotel, it's no wonder that the SHF kids' club regularly visits this gem.

NATURE'S PLAYGROUND AT LAKE WOLFSEE FEATURING

- bear cave
- wolf den
- lynx territory
- obstacle course
- slides
- swings
- beach
- waterfall
- water dams
- loop trail
- meditation hill
- quiet zones and sun loungers
- hammocks
- benches
- and dazzling views

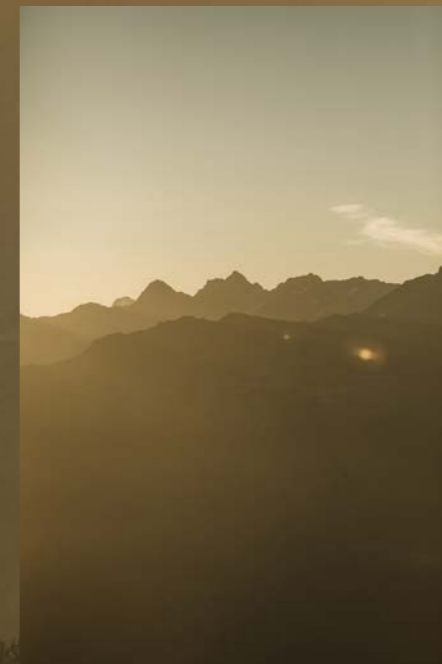
GEOCACHING AT LAKE WOLFSEE

The area surrounding Lake Wolfsee hides many a treasure and fun fact about the secret life of wolves, bears, and lynx, all to be unearthed on a geocaching treasure hunt.

#3

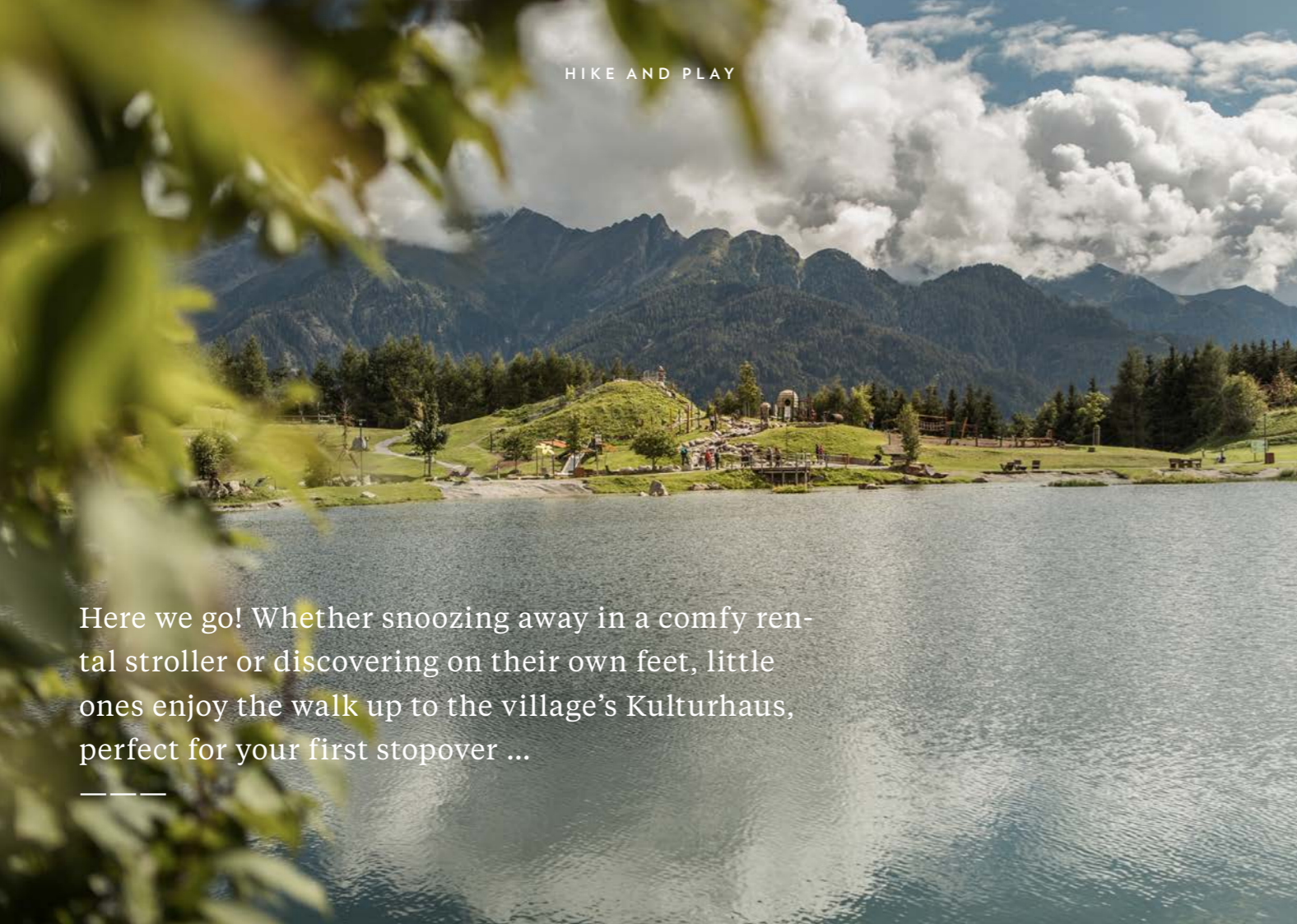
ADVENTURE PARK AT 1,829 METRES

If you aim higher, you will require some stamina – or simply rely on the gondola to take you up to Lake Högsee at 1,829 metres elevation. Families with kids are advised to start their journey with a ride on the Waldbahn gondola, continuing on the Sunliner and then switching over to the Alpkopfbahn for a direct ascent to the Högsee. Alternatively, you can opt for the Komperdellbahn to carry you to the mid-way station. From here, you can take a stroll to the Murliwasser water park and continue your hike to the Hög hut.



Summer mountain lakes

When the sunny days never seem to end and wonderful warmth fills the air, the mountain lakes and water reservoirs in Serfaus-Fiss-Ladis become all the more impressive.



Here we go! Whether snoozing away in a comfy rental stroller or discovering on their own feet, little ones enjoy the walk up to the village's Kulturhaus, perfect for your first stopover ...



#1

MINI & MAXI PLAYGROUND

... for climbing, swinging, sliding, or building sand castles. This is only the beginning of your adventure! On the far side of the village, flowering meadows unfurl in front of you. Rolling hills and rugged mountains seamlessly combine for the perfect panorama, creating an appetite for more:

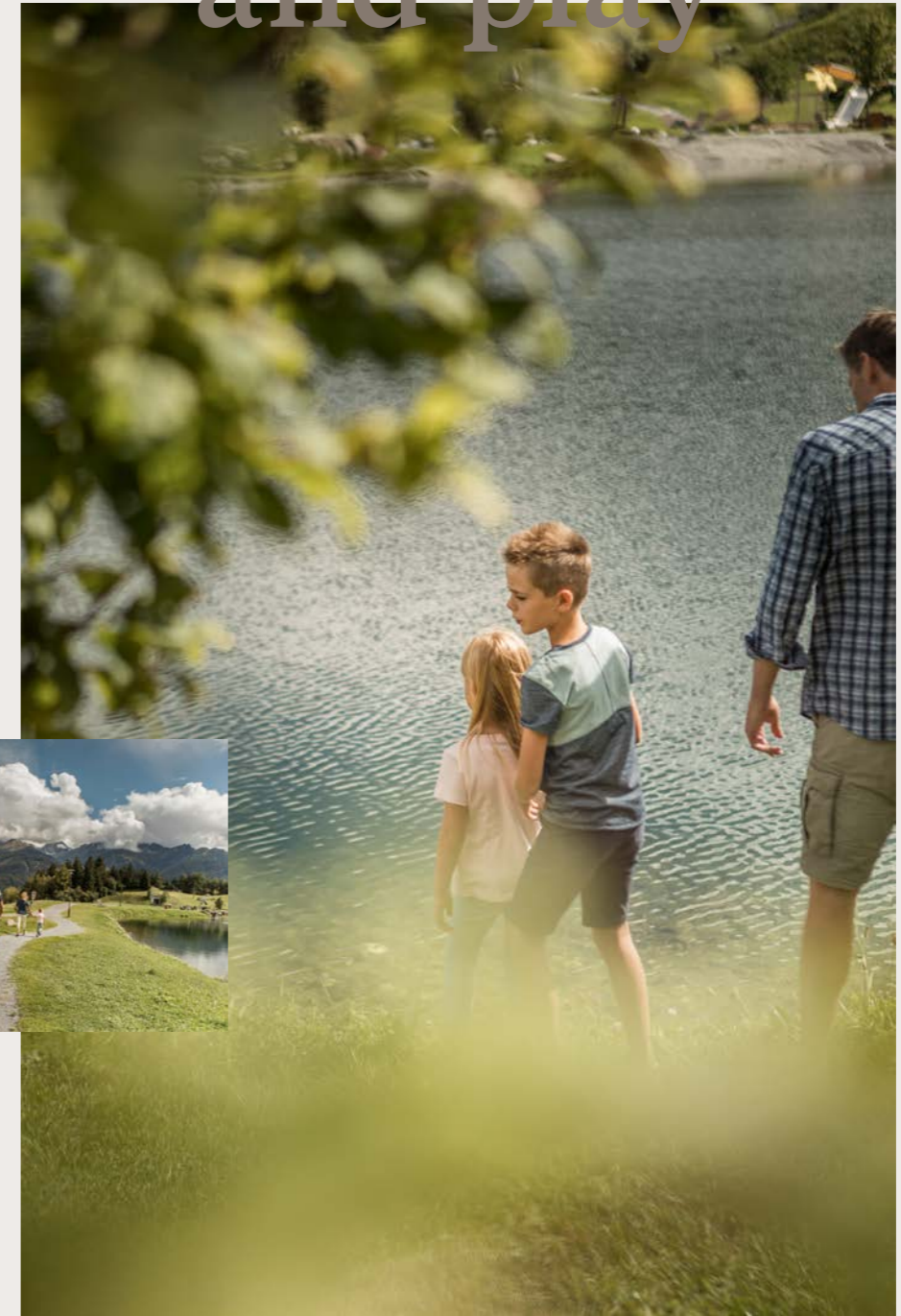
INDIAN VILLAGE

#3

Your next stop is a quiet village in the wild wild west. Many a mystery, exciting games, opportunities to test your skills, and even secret passages all want to be explored. Even cowboys can't resist stopping in this village. It's the perfect place to gather around the fireplace and unpack a snack. You will need the extra boost of energy before tackling the last stage: a walk to Ladis, where the gondola is waiting to conveniently take you back to Fiss. Who knows? Maybe some yummy ice cream will be the reward?



Hike and play



#2

WOLFSEE

... with its fascinating natural playground is home to wolves, bears, lynx, and other wild creatures. Discover hidden caves beneath waterfalls, build dams, or take on the challenge of the obstacle course. The icing on the cake? A sandy beach at the lakeside. Your children won't ever want to leave. However, there's one more stop on our list:



From Schlosshotel Fiss to Ladis – and back on the gondola: an adventure hike full of fun and games.



What do donkey hoof prints look like?
How brave is a rabbit? How cuddly is a
sheep? Have you ever wondered?

Touch and feel

Impressively set against the backdrop of the rugged mountains, the petting zoo is a quiet and thus all the more inviting attraction on the Fisser Möseralm. On the pastures, you can get up close and personal with mountain goats, ponies, and bunnies and make some four-legged friends. Touch and feel their soft fur and learn more about their origin, character, and activity.



The petting zoo provides an experience for children to connect with nature in a playful way. Make lasting memories together and visit this special place at 1,836 metres elevation. The Fisser Flitzer tops off your family outing with a swift descent.



Book and relax

WWW.SCHLOSSHOTEL-FISS.COM / INFO@SCHLOSSHOTEL-FISS.COM

VIA PHONE CALL

We look forward to your call and personally advising you on our offers. Upon request, we will be happy to call you back at any time that's convenient for you.

0043 5476 6397



VIA MOBILE DEVICE

Get compact information on the go and a glimpse of the holiday ahead of you. Schlosshotel Fiss is mobile and always available to you.

VIA COMPUTER

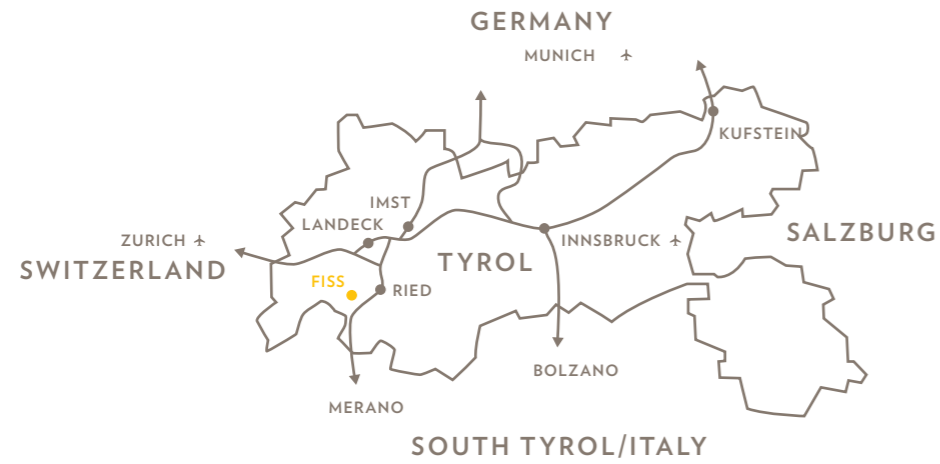
Take your time and collect all the information you need. Learn more and enjoy the anticipation of a wonderful time-out.

At Schlosshotel Fiss, we want your experience to be nothing short of perfect. We would be delighted to tailor your stay by selecting the right room, the best spa appointments, and all those little extras that will make your stay with us so relaxing and unique.





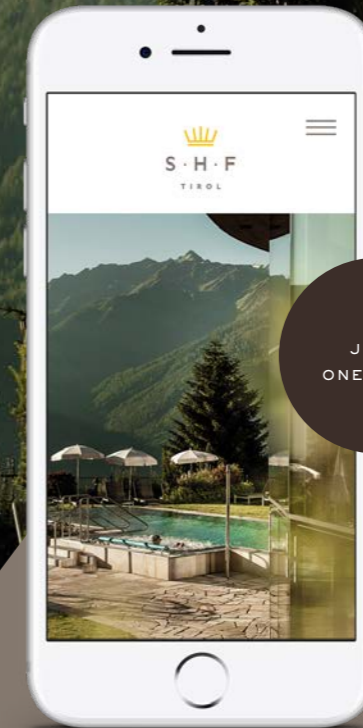
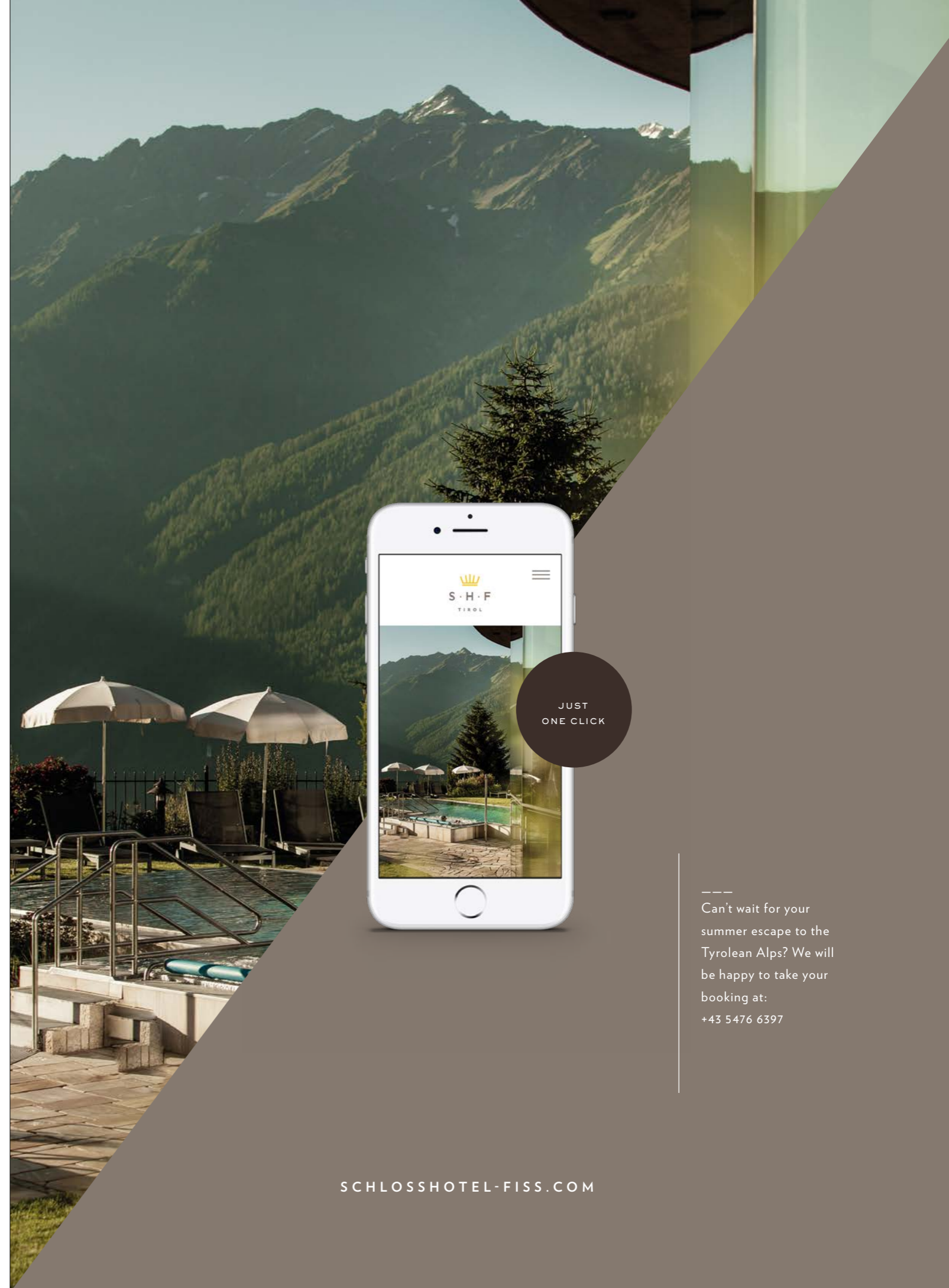
@schlosshotel_fiss



Serfaus-Fiss-Ladis nestles in the Oberland region in the west of the Austrian Tyrol, approximately 2.5 hours by car from Zurich, Ulm, Munich, Salzburg, and Bolzano.

All information has been carefully checked. Misprints, changes, and errors excepted.
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